

THE REAL GREEK

EAT TOGETHER

ALLERGEN MENU

HOT & COLD MEZE

GREEK OLIVES SD V VG

GREEK FLATBREAD G (Wheat) V VG

ADD OLIVE OIL & DUKKAH

G (Wheat) N (Hazelnuts) MU S V VG

CRUDITÉS C V VG

HOUMOUS C S SD V VG

TZATZIKI D V

SPICY FETA DIP (HTIPITI) D V

MELITZANOSALATA SD V VG

TARAMASALATA F (Cod) G (Wheat) SO S

BEETROOT, FETA & LENTIL SALAD D C V

BEETROOT & LENTIL SALAD C V VG

SANTORINI FAVA SD V VG

GIGANDES WITH SPINACH C V VG

DOLMADES V VG

SALT COD* F (Cod) G (Barley & Wheat) E MU SD

TONIA'S PRAWNS CR (Prawns) G (Wheat) C D SD

SPINACH TIROPITAKIA* D G (Wheat) E V

CHICKPEA FILO TRIANGLES* G (Wheat) C V VG

HALLOUMI FRIES* D V

FALAFEL* S SD C V VG

GREEK MOUSSAKA* D G (Wheat) E SD

BAKED FETA D SD V

JACKFRUIT STIFADO C V VG

GRILLED MEZE

CHICKEN MONASTIRAKI D

CHICKEN SKEWER D E MU SD

BBQ CHICKEN WINGS SO SD

PORK BELLY MU SD

LOUKANIKO BEEF & PORK SAUSAGE SKEWER

MU S G (Wheat) C D SO SD

GRILLED KALAMARI WITH POURGOURI

M (Kalamari) G (Wheat) SD C

GRILLED OCTOPUS WITH SANTORINI FAVA

M (Octopus) MU SD

GRILLED AUBERGINE C V VG

HALLOUMI & VEGETABLE SKEWER D SD V

LAMB SKEWER D E MU SD

LAMB CUTLETS D C

LAMB MEATBALLS D G (Wheat) E C MU S

LAMB KEFTE D G (Wheat) E MU SD S

VEGAN MEATBALLS - SOUTZOUKAKIA

G (Barley & Wheat) SO C MU V VG

SIDES & SALADS

GREEK SALAD D SD V

"NO FETA" GREEK SALAD SD V VG

AEGEAN SLAW SD V VG

NEW POTATOES V VG

CHIPS* V VG

SAFFRON RICE SD V

POURGOURI-BULGUR WHEAT G (Wheat) C V VG

SOUVLAKI WRAPS

LOUKANIKO SAUSAGE* MU S G (Wheat) C D SO SD

PORK BELLY* D G (Wheat) MU SD

CHICKEN* D G (Wheat)

HALLOUMI* D G (Wheat) V

LAMB MEATBALLS*

D G (Wheat) E C MU S

FALAFEL WITH TAHINI*

G (Wheat) S SD V VG

JACKFRUIT GYROS WITH VEGAN AIOLI*

G (Wheat) SO MU SD V VG

VEGAN MEATBALLS WITH VEGAN AIOLI*

G (Barley & Wheat) SO C MU SD V VG

ALLERGENS KEY

D **DAIRY**

MU **MUSTARD**

N **NUTS**

L **LUPIN**

S **SESAME**

G **GLUTEN**

E **EGG**

C **CELERY**

CR **CRUSTACEANS**

F **FISH**

M **MOLLUSCS**

SO **SOY INC. SOYA**

SD **SULPHUR DIOXIDE**

P **PEANUTS**

V **VEGETARIAN**

VG **VEGAN**

The above symbols are used to denote that a dish contains the allergen as an ingredient. Please inform your waiter before ordering of any specific dietary requirements that you may have. Unfortunately it is not possible to guarantee that our busy kitchens are completely free of allergens. We also cannot guarantee against the processes used by our suppliers.

Dishes with a * are cooked in a fryer and may come into contact with other ingredients and allergens, which are not listed as part of the recipe. If you require more information, please ask a manager. Allergen information will be kept up to date and should be checked each time you visit, as we may update recipes from time to time.

(*Salt Cod, Falafel, Spinach Tiropitakia, Chickpea Filo Triangles, Chips, Halloumi Fries, Greek Moussaka, Falafel with tahini Souvlaki Wrap, all Souvlaki Wrap – due to chips inside).

Note:

Smoked Chilli Relish SO SD V VG

Lemon Mayonnaise E MU SD V

Minted Greek Yoghurt D SD V

Tahini Dip S SD V VG

Vegan Aioli MU SO SD

Honey Mustard Dressing D MU SD

For drinks Allergens, please refer to the manufacturer's label.

THE REAL GREEK

EAT TOGETHER

ALLERGEN MENU

DESSERTS

GREEK FILO CUSTARD PIE* D G (Wheat) E V

BAKLAVA D G (Wheat) N (Walnuts) V

CARAMEL & PECAN CHEESECAKE

D G (Wheat) E N (Pecans)

CHOCOLATE MOUSSE CAKE D G (Wheat) E SO V

GREEK YOGHURT WITH WALNUTS IN SYRUP

D N (Walnuts) V

LOUKOUMIA D G N (Almonds)

LUXURY SORBET

Lemon V VG

Mango V VG

LUXURY ICE CREAM

Vanilla D V

Chocolate D V SO

Strawberry D V

Pistachio D N (Almonds, Hazelnuts & Pistachios) V

GREEK SPECIALITIES

GREEK COFFEE D (Milk on request)

WITH LOUKOUMI D G N (Almonds)

POT OF GREEK MOUNTAIN TEA

COFFEE

CAFFÈ AMERICANO D (Milk on request)

SINGLE ESPRESSO

CAPPUCCINO D

LATTE D

DOUBLE ESPRESSO

TEA

FRESH MINT TEA

ENGLISH BREAKFAST

EARL GREY

PEPPERMINT

GREEN TEA

CAMOMILE

SOYA MILK SO V VG

ALLERGENS KEY

D **DAIRY**

MU **MUSTARD**

N **NUTS**

L **LUPIN**

S **SESAME**

G **GLUTEN**

E **EGG**

C **CELERY**

CR **CRUSTACEANS**

F **FISH**

M **MOLLUSCS**

SO **SOY INC. SOYA**

SD **SULPHUR DIOXIDE**

P **PEANUTS**

V **VEGETARIAN**

VG **VEGAN**

The above symbols are used to denote that a dish contains the allergen as an ingredient. Please inform your waiter before ordering of any specific dietary requirements that you may have. Unfortunately it is not possible to guarantee that our busy kitchens are completely free of allergens. We also cannot guarantee against the processes used by our suppliers.

Dishes with a * are cooked in a fryer and may come into contact with other ingredients and allergens, which are not listed as part of the recipe. If you require more information, please ask a manager. Allergen information will be kept up to date and should be checked each time you visit, as we may update recipes from time to time.

(*Greek Filo Custard Pie).

For drinks Allergens, please refer to the manufacturer's label.

FOLLOW US



@TheRealGreekUK



/TheRealGreek



@RealGreekTweet

THE REAL GREEK

EAT TOGETHER

LUNCH ALLERGEN MENU

GREEK TRIO (TOP)

GREEK FLATBREAD G (Wheat) V VG

CRUDITÉS C V VG

—

HOUMOUS C S SD V VG

TZATZIKI D V

TARAMASALATA F (Cod) G (Wheat) SO S

SPICY FETA DIP (HTIPITI) D V

MELITZANOSALATA SD V VG

SANTORINI FAVA SD V VG

GREEK TRIO (MIDDLE)

LAMB KEFTE D G (Wheat) E MU SD S

SPINACH TIROPITAKIA* D G (Wheat) E V

GRILLED AUBERGINE C V VG

CHICKEN SKEWER D E MU SD

FALAFEL* S SD C V VG

BBQ CHICKEN WINGS SO SD

LOUKANIKO BEEF & PORK SAUSAGE SKEWER

MU S G (Wheat) C D SO SD

DOLMADES V VG

GIGANDES WITH SPINACH C V VG

CHICKPEA (REVITHIA) C V

GREEK TRIO (BOTTOM)

AEGEAN SLAW SD V VG

RICE SD V

CHIPS* V VG

NEW POTATOES V VG

POURGOURI – BULGUR WHEAT

G (Wheat) C V VG

GREEK PLATE

CHICKEN SKEWER D

LAMB MEATBALLS D G (Wheat) E C MU S

LOUKANIKO BEEF & PORK SAUSAGE SKEWER

MU S G (Wheat) C D SO SD

FALAFEL* S SD C V VG

HALLOUMI & VEGETABLE SKEWER D V

ALL SERVED WITH

SAFFRON RICE SD V **GREEK SALAD** D SD V

TZATZIKI D V **WARM FLATBREAD** G (Wheat) V VG

SOUVLAKI WRAP & SIDE

LOUKANIKO BEEF & PORK SAUSAGE*

MU S G (Wheat) C D SO SD

PORK BELLY* D G (Wheat) MU SD

CHICKEN* D G (Wheat)

LAMB MEATBALLS* D G (Wheat) E C MU S

HALLOUMI* D G (Wheat) V

FALAFEL WITH TAHINI*

G (Wheat) S SD V VG

—

GREEK SALAD D SD V

AEGEAN SLAW SD V VG

NEW POTATOES V VG

CHIPS* V VG

SAFFRON RICE SD V

POURGOURI-BULGUR WHEAT G (Wheat) C V VG

ALLERGENS KEY

D **DAIRY**

MU **MUSTARD**

N **NUTS**

L **LUPIN**

S **SESAME**

G **GLUTEN**

E **EGG**

C **CELERY**

CR **CRUSTACEANS**

F **FISH**

M **MOLLUSCS**

SO **SOY INC. SOYA**

SD **SULPHUR DIOXIDE**

P **PEANUTS**

V **VEGETARIAN**

VG **VEGAN**

The above symbols are used to denote that a dish contains the allergen as an ingredient. Please inform your waiter before ordering of any specific dietary requirements that you may have. Unfortunately it is not possible to guarantee that our busy kitchens are completely free of allergens. We also cannot guarantee against the processes used by our suppliers.

Dishes with a * are cooked in a fryer and may come into contact with other ingredients and allergens, which are not listed as part of the recipe. If you require more information, please ask a manager. Allergen information will be kept up to date and should be checked each time you visit, as we may update recipes from time to time.

(*Falafel, Spinach Tiropitakia, Chips, Falafel with Tahini Souvlaki Wrap, all Souvlaki Wrap - due to chips inside).

FOLLOW US



@TheRealGreekUK



/TheRealGreek



@RealGreekTweet

THE REAL GREEK

EAT TOGETHER

VEGAN LUNCH ALLERGEN MENU

VEGAN PLATE

GREEK FLATBREAD G (Wheat) V VG

CRUDITÉS C V VG

HOUMOUS C S SD V VG

SANTORINI FAVA SD V VG

JACKFRUIT STIFADO C V VG

GIGANDES WITH SPINACH C V VG

POURGOURI – BULGUR WHEAT
G (Wheat) C V VG

MELITZANOSALATA SD V VG

VEGAN SOUVLAKI WRAP & SIDE

JACKFRUIT GYROS WITH VEGAN AIOLI*
G (Wheat) SO MU SD V VG

FALAFEL WITH TAHINI SOUVLAKI WRAP*
G (Wheat) S SD V VG

VEGAN MEATBALLS WITH VEGAN AIOLI*
G (Barley & Wheat) SO C MU SD V VG

—

NO FETA GREEK SALAD SD V VG

AEGEAN SLAW SD V VG

NEW POTATOES V VG

CHIPS* V VG

POURGOURI - BULGUR WHEAT
G (Wheat) C V VG

ALLERGENS KEY

D DAIRY

MU MUSTARD

N NUTS

L LUPIN

S SESAME

G GLUTEN

E EGG

C CELERY

CR CRUSTACEANS

F FISH

M MOLLUSCS

SO SOY INC. SOYA

SD SULPHUR DIOXIDE

P PEANUTS

V VEGETARIAN

VG VEGAN

The above symbols are used to denote that a dish contains the allergen as an ingredient. Please inform your waiter before ordering of any specific dietary requirements that you may have. Unfortunately it is not possible to guarantee that our busy kitchens are completely free of allergens. We also cannot guarantee against the processes used by our suppliers.

Dishes with a * are cooked in a fryer and may come into contact with other ingredients and allergens, which are not listed as part of the recipe. If you require more information, please ask a manager. Allergen information will be kept up to date and should be checked each time you visit, as we may update recipes from time to time.

(*Falafel with tahini Souvlaki Wrap, all Souvlaki Wrap – due to chips inside, Chips).

FOLLOW US



@TheRealGreekUK



/TheRealGreek



@RealGreekTweet

THE REAL GREEK

EAT TOGETHER

VEGAN ALLERGEN MENU

COLD MEZE

GREEK FLATBREAD G (Wheat) V VG

ADD OLIVE OIL & DUKKAH

G (Wheat) N (Hazelnuts) MU S V VG

GREEK OLIVES SD V VG

CRUDITÉS C V VG

HOUMOUS C S SD V VG

MELITZANOSALATA SD V VG

SANTORINI FAVA SD V VG

BEETROOT & LENTIL SALAD C V VG

SIDES & SALADS

"NO FETA" GREEK SALAD SD V VG

NEW POTATOES V VG

CHIPS* V VG

AEGAN SLAW SD V VG

POURGOURI - BULGUR WHEAT

G (Wheat) C V VG

SOUVLAKI WRAPS

JACKFRUIT GYROS WITH VEGAN AIOLI*

G (Wheat) SO MU SD V VG

FALAFEL WITH TAHINI SOUVLAKI WRAP*

G (Wheat) S SD V VG

VEGAN MEATBALLS WITH VEGAN AIOLI*

G (Barley & Wheat) SO C MU SD V VG

DESSERTS

VEGAN VANILLA ICE CREAM SO V VG

LUXURY SORBET

Lemon V VG

Mango V VG

SOYA MILK SO V VG

HOT MEZE

CHICKPEA FILO TRIANGLES* G (Wheat) C V VG

FALAFEL* S SD C V VG

GRILLED AUBERGINE C V VG

JACKFRUIT STIFADO C V VG

GIGANDES WITH SPINACH C V VG

DOLMADES V VG

VEGAN MEATBALLS - SOUTZOUKAKIA

G (Barley & Wheat) SO C MU V VG

ALLERGENS KEY

D DAIRY

MU MUSTARD

N NUTS

L LUPIN

S SESAME

G GLUTEN

E EGG

C CELERY

CR CRUSTACEANS

F FISH

M MOLLUSCS

SO SOY INC. SOYA

SD SULPHUR DIOXIDE

P PEANUTS

V VEGETARIAN

VG VEGAN

The above symbols are used to denote that a dish contains the allergen as an ingredient. Please inform your waiter before ordering of any specific dietary requirements that you may have. Unfortunately it is not possible to guarantee that our busy kitchens are completely free of allergens. We also cannot guarantee against the processes used by our suppliers.

Dishes with a * are cooked in a fryer and may come into contact with other ingredients and allergens, which are not listed as part of the recipe. If you require more information, please ask a manager. Allergen information will be kept up to date and should be checked each time you visit, as we may update recipes from time to time.

(*Falafel, Chickpea Filo Triangles, Chips, Falafel with tahini Souvlaki Wrap, all Souvlaki Wrap - due to chips inside.).

For drinks Allergens, please refer to the manufacturer's label.

FOLLOW US



@TheRealGreekUK



/TheRealGreek



@RealGreekTweet

THE REAL GREEK

EAT TOGETHER

KIDS ALLERGEN MENU

MAIN COURSES

KIDS SOUVLAKI WRAP CHOOSE FROM

CHICKEN G (Wheat) D

OR **HALLOUMI** G (Wheat) D V

OR **LOUKANIKO BEEF & PORK SAUSAGE**
G (Wheat) MU S C D SO SD

ALL WRAPPED IN GREEK FLATBREAD WITH TZATZIKI
& TOMATOES. SERVED WITH

TOMATO AND CUCUMBER SALAD V VG

OR **CHIPS*** V VG

OR

KIDS'S MEZE SELECTION CHOOSE FROM

LOUKANIKO BEEF & PORK SAUSAGE
MU S G (Wheat) C D SO SD

OR **FLATBREAD** G (Wheat) V VG

OR **TZATZIKI** D V

OR **CHIPS*** V VG

OR **CRUDITÉS** C V VG

OR **CHICKEN** D

OR **HALLOUMI** D V

OR **HOUMOUS** S SD C V VG

DESSERTS

LUXURY ICE CREAM CHOOSE FROM

VANILLA D V

OR **CHOCOLATE** D V SO

OR **STRAWBERRY** D V

OR **PISTACHIO** D N (Almonds, Hazelnuts & Pistachios) V

OR

LUXURY SORBET

LEMON V VG

OR **MANGO** V VG

ALLERGENS KEY

D **DAIRY**

MU **MUSTARD**

N **NUTS**

L **LUPIN**

S **SESAME**

G **GLUTEN**

E **EGG**

C **CELERY**

CR **CRUSTACEANS**

F **FISH**

M **MOLLUSCS**

SO **SOY INC. SOYA**

SD **SULPHUR DIOXIDE**

P **PEANUTS**

V **VEGETARIAN**

VG **VEGAN**

The above symbols are used to denote that a dish contains the allergen as an ingredient. Please inform your waiter before ordering of any specific dietary requirements that you may have. Unfortunately it is not possible to guarantee that our busy kitchens are completely free of allergens. We also cannot guarantee against the processes used by our suppliers.

Dishes with a * are cooked in a fryer and may come into contact with other ingredients and allergens, which are not listed as part of the recipe. If you require more information, please ask a manager. Allergen information will be kept up to date and should be checked each time you visit, as we may update recipes from time to time.

(*Chips).

FOLLOW US



@TheRealGreekUK



/TheRealGreek



@RealGreekTweet